



Packing List for an autumn trip to Greenland - with excursions and possible short dog sled tours in the late autumn

The right equipment can be a requirement for getting the best out of a stay in Greenland. The following list is our recommendation for a packing list which you may use if you do not have personal experience with the area or the type of tour you have chosen. If you are in doubt with any details, you are more than welcome to contact Greenland Travel.

The autumn can be both cold and warm. For this reason, we would recommend that you pack the same kind of clothes which would keep you warm on a winter day in central Europe.

Day backpack

It is always a good idea to bring a smaller day backpack on a trip to Greenland. A day backpack is a smaller backpack with a size of 20-30L. It can be used for everything from sailing trips, shorter walks, and just as a handy bag if you suddenly need one. If you have to go hiking on your trip, we recommend a backpack of approximately 30L with a hip belt and chest strap.

If you spend your time in the towns, primarily, you do not need a hip belt and chest strap.

Suitcase or backpack

On most of our trips, you will not have to carry your luggage very far. You will have to handle your suitcase by yourself at airports and hotels, but in connection with transfers, it is taken from place to place by hotel staff or others. Therefore, you have the choice of bringing a suitcase or a backpack. If you are going to stay in smaller settlements, be prepared for your luggage to be transported on a truck, tractor or a similar vehicle. Therefore, you should expect that the luggage may get dusty, and the potholes in the dirt roads can be rough on a brand-new suitcase.

For travelers staying at Glacier Lodge Eqi or Ilimanaq Lodge

If you are lucky enough to stay in one of the beautiful lodges, be aware that you must carry the luggage from the boat to the cabins in a hilly area. Suitcases are not suitable. You should also be aware that since you have to carry your bag yourself, you should not pack too heavy.

For travelers to Glacier Lodge Eqi, it is possible to leave some of your luggage at the hotel for luggage storage. Therefore, we recommend that you bring a smaller backpack that you can use during your stay at Glacier Lodge Eqi.

On a round trip with a stay at Ilimanaq Lodge, naturally, you will have all your luggage with you all the way. You can choose to pack in a backpack or a larger soft bag. You can also choose to pack two smaller bags if carrying all your luggage in one bag is too heavy.

Of course, you may be able to get some help if you are traveling with tour guides in groups will, but the main rule is that you have to pack so that you or someone you are traveling with can carry it, preferably in smaller bags and not in suitcases.

About clothing in general in Greenland

Clothing in Greenland is both practical and informal, so you do not have to pack the "fine garments" in your suitcase on a trip to Greenland. Today's great choice of outdoor clothes will let you find something which is practical, smart and comfortable.

When packing for an autumn trip to Greenland, you should think practical and isolating, both for outdoor as well as indoor clothing. The same standard of practical clothing applies on a night in a restaurant and alike.

During the Greenlandic autumn you may always be prepared for the cold. But with the right clothing and certain precautions you can embrace the cold as an extra dimension of experiences for your trip. Since

the air is rather dry, the cold temperatures do not feel as fierce as they would in Great Britain. In this way, minus 15-20 degrees Celsius in Greenland can be almost quite pleasant!

Most of the travellers to Greenland during the autumn will spend most of the days outside in order to collect as many experiences as possible. This implies you should bring along the right type of clothes so you can keep warm from the top of your head to the sole of your shoe, from the innermost to the outermost layer. If you for example take a tour to the ice cap, you should still wear warm clothes, even though most of the trip will be in a bus.

Clothing

The layer principle is in true effect in Greenland. The layer principle simply means that one dresses with several layers of clothing. The innermost layer helps to keep the warmth inside, but at the same time keeps away the moisture from the body. The middle layer isolates against the cold. The outermost layer protects against rain, wind and moisture.

Of course it is not necessary to heavily invest in a great amount of new equipment when embarking on an autumn trip to Greenland, but it is still critical to pack all the possible warm clothing, such as ski clothing, padded winter pants or an old down jacket, which may be out of style, but still keeps you warm.

Underneath we have composed a packing list which can give you an idea about the items which can come in handy on a trip to Greenland.

Underwear Hereby we are not talking about the bras and panties, but about warmers and long closefitting shirts. We recommend wool, since it keeps you warm even when it is moist.

Fleece trousers or Thick sweatpants As a middle layer between the warmers and the outer layer. If you have a pair of down-lined winter pants you can settle for warmers and the padded outer pants.

Sweater or Thick shirt As a middle layer

Overall trousers Draughtproof, possibly padded and water-repellent. Should be large enough to provide enough space to comfortably wear the pair of pants underneath.

Thin socks Wool or synthetic material. We do recommend wool – and you are welcome to take a couple of extra pairs hereof. If you sweat and your feet get moist it can be heavenly to change to dry socks.

Thick wool socks Several pairs and choose the thickest you can get.

Boots Strong Quality, with enough space for socks and moving toes. It is pleasant to own a pair of boots which allows you to wear thick socks. The sole should be made of rubber, since soles made of plastic and mixed materials get very slippery in lower frost temperatures.

Warm sweater May reach up high on the neck with a zipper. Thick fleece or wool recommended.

Big draughtproof jacket May be with hood and with water-repellent material, but it should be able to 'breathe'.

Hat	Wool or Fleece (most comfortable), perhaps a ski mask which covers the neck, forehead, chin and cheeks.
Thick woollen gloves	Essential
Big padded mittens	May be of leather to wear above the thin inner gloves/woollen gloves. With two gloves as two layers it is possible to regulate the temperature. Mittens are the best way to keep away the cold from the fingers.
Sunglasses	Great to have! Especially in long stretches of snow and on a trip to the ice cap when the sun is shining bright.
Lip balm	Always keep one in your pocket, the air is very dry.
Miscellaneous	Camera Binoculars Head torch (diode lamps use less battery) Extra Storage and batteries for the camera
Practicalities	Be aware that clothes which are made of noise-making fabrics will create even more noise in cold temperatures, which can be irritating on a daily basis. However this usually happens when you are several days in the mountain areas.
Daysack	It is always nice to bring along a few extra clothes and items on an excursion. If you currently don't possess one, we recommend you to get one with hip belt and breast strap. Ca. 30L.
Rent of clothing for a Dog sleigh tour	If you participate in one of the year's first dog sleigh tours in late autumn you can rent leather clothing and boots for the 'real' sensation and – of course – also to protect yourself against the freezing cold.